



# PARAMEDIC DEFENSIVE TACTICS

**Course Overview** This one (1) day training program teaches paramedics to identify conflict, maintain distance and apply techniques to safely escape harm, thereby minimizing workplace violence and instilling confidence. With a mix of both classroom and practical components, this course was developed in consultation with paramedic services, conservation authorities and joint health and safety committees across North America. With more than fifteen years' experience, our defensive tactics instructor understands the unique circumstances and threats that first responders face.

## Classroom Topics

- ▶ Sources of Conflict
- ▶ Safety Standards and Practices
- ▶ Tactical Communication
- ▶ Criminal Code Protection of Self from Assault

## Practical/Hands-on Topics

- ▶ Techniques to Avoid Assault
- ▶ Creating Windows to Escape

**Learning Objectives:** Upon completion of this training program, participants will:

- ▶ Better understand the risks that first responders face
- ▶ Identify threats to personal health and safety

- ▶ Avoid workplace assault with confidence
- ▶ Create windows to escape harm

**Who Should Attend:** Paramedics belonging to municipal or private services.

**Evaluation/Documentation:** Each successful participant will be provided with a course certificate and the employer will receive a written operator training summary.

**About the Facilitator:** Developed and delivered to you by **Ground Force Training Inc.**