SAFE BACKING

Course Overview

Anything in reverse is hard to do... even walking backwards is an unnatural movement. Even if you go to driving school very little time is spent going in reverse, because stats show that you don't do it that often. But you might be surprised at how often collisions—even fatal—occur when backing. And they could all be prevented with training, practice and following the right steps.

In this course we will teach you that visibility and communication are the keys to backing. Upon completion you will understand the steps of backing, how to use your mirrors, a ground guide and the steps you should take if you are alone as well as how to signal with a flashlight.

Classroom Topics

The training program is a 1 day course. This breaks out to 1/2 day classroom, supported by 1/2 day practical component for the student operator.

- Define preventable collision
- Understand the policy—back in, drive out
- Mirrors—how to use them
  - When backing
  - When driving
  - When using a guide
- Steps to make backing safe—every time
- Visibility—what you need to see
- Communication
- Use of ground guides
  - Guide positioning
  - Hand signals
  - Signals in night or day
  - Hazards associated with ground guide

Practical/Hands-on Activities

The students will be taken outside for hands-on practice/review on what was taught during the classroom portion. The trainer will provide constructive feedback and reinforcement and relate the training to job requirements. Therefore, the trainee will immediately be able to apply their new knowledge and skills gained in the training session directly to their job environment.

Evaluation /Documentation: Written test, oral exam and/or practical assessment (on equipment). The employer will receive a certificate of completion and a summary of training for each participant who successfully completes the course.

About the Facilitator: Developed and delivered to you by **Ground Force Training Inc.**